# ESTERASE ACTIVITY OF SYNTHETIC FRAGMENTS OF HUMAN ADRENOCORTICOTROPHIC HORMONE

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Received April 11, 1991

The anterior pituitary hormone adrenocorticotrophin (ACTH) has been extensively studied in terms of structure-function relationships and in vivo and in vitro activities of different synthetic fragments of ACTH have been characterized. Here we describe the ability of synthetic fragments of ACTH to hydrolyze a fluorogenic esterase substrate 4-methylumbelliferyloleate (MUBO). The measured esterase activities (in µmol 4-MU mol-1 s-1) were 79.7 for ACTH1-13, 385.9 for ACTH3-18, 503.0 for ACTH1-19, 1249.9 for ACTH1-24 D-ser3, and 1350 for ACTH1-24. Although the significance of the observed esterase activities in the actual molecular mechanisms of action of ACTH remains to be established it is worth noticing that the esterase activities of the different ACTH fragments closely parallel their reported ability to activate the brain lipase as well as their in vivo ability to induce steroidogenesis in adrenal cortex. • 1991 Academic Press, Inc.

The peptide hormone adrenocorticotrophin (ACTH<sub>1-39</sub>) possesses a number of biological activities including the induction of stereoidogenesis in adrenal cells (1), lipolysis in adipocytes (2) as well as melanotropic and behavioral effects (3). Effects of ACTH include the activation of adenylate cyclase resulting in an increase of intracellular cAMP (1, 4) and a consequent increase in steroidogenesis (5). Based on structure activity correlation studies it has been suggested that consecutive sequences in the molecule

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Abbreviations: ACTH, adrenocorticotrophic hormone; MU, methylumbelliferone; MUBO, methylumbelliferyloleate.

represent different types of information. At least two functionally distinct sites are considered to exist in ACTH. Residues 4-10 of ACTH are common to  $\partial$ - and β-MSH and lipotropin (β-LPH) and thus the N-terminal decapeptide ("message segment") has been considered to represent the minimal requirement for triggering the biological responses (6). Indeed ACTH4-10 has been shown to produce many of the responses of ACTH1-39 (1, 7-8). The other functional sequence ("the address sequence") which is located between residues 11-24 has been considered to be important in the affinity of the hormone to its receptor and in potentiating the message.

Binding ACTH liposomal of to membranes (9-11).In the interactions of ACTH with phospholipid the presence of both the hydrophilic 11-24 (address) sequence and the hydrophobic 1-10 (message) sequence were required for specific membrane interactions (10-11). Based on these findings called primary amphiphilic structure was suggested for (10). The binding of different ACTH ACTH<sub>1-24</sub> fragments to lipid membranes closely parallels their biological activities (12).

ACTH has also been shown to activate 7-30 fold an acylglycerol lipase present in brain (13-14). In addition an alkaline shift in the pH optimum by ACTH was evident (13), similar to what has been observed for pancreatic lipase and co-lipase (15) as well as lipoprotein lipase (LPL) and apolipoprotein C II (16). The activation of brain lipase by ACTH was observed also in vitro with purified enzyme preparations. It was suggested that ACTH facilitates enzymesubstrate association in a manner similar to described for pancreatic lipase and LPL activators, co-lipase and apolipoprotein C respectively (13, 17).The exact mechanism of activation of these lipases has remained unresolved. However, esterase activity has described for apolipoprotein C II and co-lipase (18). This esterase activity was suggested to play a crucial role in the activation of these lipases by co-lipase and apolipoprotein C II (18-19).

We now describe esterase activity also for various synthetic fragments of ACTH. Although the biological significance of this finding is not clear it is of interest that the esterase activities of the different ACTH fragments parallel their ability to activate brain lipase, as well as their ability to induce steroidogenesis in adrenal cortex.

# Materials and Methods

#### Chemicals

The synthetic fragments ACTH- (1-24), ACTH- (1-24 D-ser 3), ACTH-(1-19), ACTH- (3-18), and ACTH- (1-13) were generously provided by Ciba-Geigy (Paris, France). The modified hog insulin and glucagon were purchased from Novo (Denmark). Subtilisin BPN' (bacillus amyloliquefaciens), α-chymotrypsin, and pancreatic lipase (from bovine pancreas) were all obained from Sigma and were used without further purification, Lipoprotein lipase was purified from bovine skimmed milk (20).

# Esterase assay

Hydrolysis of 4-methylumbelliferyloleate (MUBO) was determined by following the appearance of the hydrolytic fluorescent product 4-Fluorescence intensities were methylumbelliferone (4-MU) (21).measured with Kontron SFM 23 spectrofluorometer using excitation and emission wavelengths of 360 and 450 nm respectively. Assays were performed in magnetically stirred quartz thermostatted to 30 °C. A 5 mM stock solution of 4-methylumbelliferyloleate (Koch-Light laboratories, Buckinhamshire, prepared in a nonionic detergent ethylene monomethyl ether. This was stored at - 20 °C and used within 24 h of preparation. The final reaction system contained in a total volume of 2.0 ml from 6.5 to 200 nmol of 4-MUBO as indicated, and from 0.03 % to 1 % (vol/vol) of monomethyl ether in 50 mM Tris/HCl buffer pH 8.5. Corrections for background hydrolysis were made by recording the fluorescence for a minimum of 5 minutes. The assay was calibrated using a standard curve of 4-methylumbelliferone (Sigma) at pH 8.5. Reactions were started by adding the indicated amounts of the peptides.

### Results and Discussion

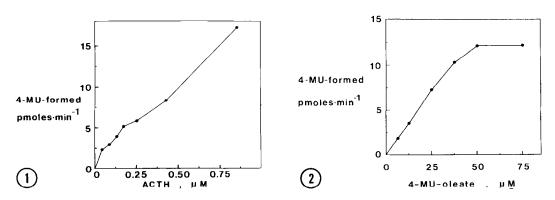
In the course of our studies on the mechanism of peptide hormone action we observed the ability of ACTH to produce hydrolysis of a synthetic fluorogenic esterase substrate, methylumbelliferyloleate (MUBO). These esterase activities of synthetic ACTH fragments are summarized in Table I. The measured hydrolytic activities of all the synthetic peptides studied increase linearly both with increasing

Table I. Esterase activities of synthetic fragments of ACTH measured as described under materials and methods using 1-5 μg per assay each of the above peptides

ACTH FRAGMENTS	Catalytic activity $\mu$ mol 4-MU mol-1 s-1 (mean + s. d. n= 4-6)
3-18	385.9 <u>+</u> 45.4
1-19	503.0 <u>+</u> 8.9
1-24 D-ser 3	$1249.9 \pm 50.2$
1-24	1350.4 + 50.2

peptide concentration and with increasing substrate concentration the latter exhibiting apparent saturation, illustrated in Fig's 1 and 2 for ACTH1-24.

Comparison of the esterase activities of the different fragments reveals a significant increase in the catalytic rate upon the addition of the pentapeptide to produce ACTH3-18 from ACTH1-13 as shown in Table I. Both ACTH3-18 and ACTH1-19 possess considerable esterase activity. This activity is likely to be located in the so called "basic core" lys15 lys16 arg17 arg18 (22). However, the esterase activity is further increased upon completion of the synthetic polypeptide chain to produce the fragment ACTH1-24, Table I.



<u>Fig. 1.</u> The liberation of the fluorescent hydrolytic product 4-methylumbelliferone (4-MU) as a function of ACTH<sub>1-24</sub> concentration. Concentration of the substrate was  $25 \mu M$ .

Fig. 2. The formation of methylumbelliferone as a function of the substrate 4-methylumbelliferyloleate concentration. The concentration of ACTH<sub>1-24</sub> was  $0.25~\mu M$ .

<u>Table II.</u> Esterase activities of some peptide hormones compared to those of hydrolytic enzymes

	Catalytic activity µmol 4-MU mol <sup>-1</sup> s <sup>-1</sup>
ACTH (1-24)	1350
Insulin	191
Glucagon	233
Lipoprotein lipase	10450
Pancreatic lipase	6583
Chymotrypsin	6516
Subtilisin	52596

Activities were measured using 1-5  $\mu$ g per assay each of the above peptides or protein. Substrate concentration was 37.5  $\mu$ M.

Therefore the possibility should also be considered that a conformational change takes place in the tertiary structure of the peptide molecule upon increasing the chain length of a given fragment, subsequently resulting in increased esterase activity. This is supported by the finding that both the hydrophobic (1-10) and hydrophilic (11-24) sequences were required for the specific interactions of ACTH with phospholipid membranes (10).

For comparison the esterase activity of two other peptide hormones, semisynthetic human insulin and porcine glucagon, was also tested for hydrolytic activity against MUBO, Table II. Both of these hormones esterase activity although the activities were clearly lower than those measured for ACTH. Activities of 191 and and 233 umol 4-MU mol-1 s-1 human insulin and were observed for glucagon respectively. In Table II are also shown esterase activities for several other proteins and hydrolytic enzymes. It is noteworthy that the hydrolytic rates of the true lipolytic enzymes against MUBO are also comparatively low. Thus the activities of pancreatic lipase and lipoprotein lipase were 6583 and 10450 µmol 4-MU mol-1 s-1 respectively. The recorded low rates of catalysis are likely to be due to the large difference between MUBO and the physiological substrates for these lipases, tri- and diacylglycerols. The highly unnatural character of the fluorogenic substrate used by us must be emphazised. Thus the highest catalytic activity was observed for the most nonspecific of the enzymes studied. MUBO was chosen as it allows the detection of very low amounts of esterase activity. However, it is of interest that the catalytic activity observed for ACTH<sub>1-24</sub> is comparable to those of the so called catalytic antibodies (23).

The esterase activity described here could be considered non-spesific. However, it is not a general property of proteins. Accordingly no esterase activity against MUBO was found in phosvitin, calmodulin, human apolipoproteins E and B or poly-L-serine (18). Furthermore, it also worth noticing that ACTH1-13 possessed only minimal esterase activity but the addition of pentapeptide to produce ACTH3-18, which is only three amino acids longer, enhanced the esterase activity approximately five fold (Table I).

The findings in this paper indicate that ACTH should have a reactive site capable of producing hydrolysis of MUBO. The specificity of this activity cannot be judged by the results of the present study. Yet, it is worth noticing that the measured rates of hydrolysis of MUBO by different synthetic fragments of ACTH parallel the reported biological activities as well as their ability to adsorb on lipid membranes (10-11). Furthermore, immunoreactive and bioreactive ACTH (ACTH-like activity) has been demonstrated in the brain of normal and also hypophysectomized rats (24-25). It has been considered somewhat unlikely that this activity of ACTH would be mediated by cAMP dependent processes (17). Direct activation of brain lipase by ACTH has been demonstrated and a co-lipase like role was suggested for ACTH in this activation process (14,17). Therefore, the role of ACTH in the activation of brain lipase could perhaps be similar to that described for apolipoprotein C II in the activation of lipoprotein lipase and co-lipase in the activation of pancreatic lipase (18-19). In the activation of these lipases it was suggested that apolipoprotein C II acts on an acyl-enzyme intermediate and cleaves the hydrolytic product fatty acid from the serine residue of the enzyme active site, thus generating a free enzyme (18-19). Similarily, the action of ACTH on brain lipase could involve a hydrolytic step. This is supported by the present findings that ACTH possesses esterase activity and furthermore that the of different synthetic fragments of ACTH closely parallel their reported ability to activate brain lipase (13, 17).

### Acknowledgments

We want to thank professor Martti Koivusalo for his valuable advice on enzymology. Financial support was provided by grants from the Magnus Ehrnrooth Foundation and from the Research and Science Foundation of Farmos (K.K.E.), and the State Medical Research Council (P.K.J.K.).

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